# INTERACTIVE CE AUDIOCONFERENCE



### CLINICAL CHALLENGES SERIES

# Improving the Odds in the Battle Against Alcohol Dependence

Release Date: October 6, 2005

Credit Expiration Date: December 6, 2006

### This activity offers CE credit for:

- Physicians (CME)
- Nurses (CNE)
- Psychologists (CEP)
- Social Workers (NASW)
- Case Managers (CCMC)
- Pharmacists (CPE)

### **FACULTY**

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For more information or to register for this FREE one-hour activity, please visit www.psychcme.net or call 877.CME.PROS.

For fastest service:

- 1. Complete form on following page.
- 2. Check date/time you prefer.
- 3.FAX form to 240.243.1033.

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### **Statement of Need**

The prevalence of alcohol abuse/ dependence is among the top three psychiatric disorders in the United States. It is estimated that 1 in 13 Americans battles this condition, which ranks as the 4th leading cause of disability in this country. The costs to society are enormous, and include detrimental effects on productivity and safety, mounting public and private expenditures for treatment services, and diminished quality of life for sufferers, families, and friends. Chronic alcohol dependence increases risk for cardiovascular disease, liver disease, cancer, depression, and anxiety disorders. Psychosocial intervention has been the mainstay treatment for helping patients maintain abstinence following detoxification. Adjunctive pharmacotherapy may enhance the efficacy of psychosocial rehabilitation. In this evidence-based psychCME TALK audioconference series, the experts will explore the chronic battle of alcohol dependence and propose strategies for improving patient outcomes.

### **Activity Goal**

To provide an evidence-based educational program that will help clinicians identify alcohol dependence and offer pharmacological and psychosocial supports to patients who wish to work toward a goal of abstinence.

### **Learning Objectives**

At the end of this CE activity, participants should be able to:

- Identify the etiology of alcohol dependence and the psychiatric and medical comorbidities associated with the disease.
- Implement screening tools to uncover alcohol dependence.
- Examine the role of adjunctive pharmacotherapy for maintaining abstinence in patients receiving psychosocial treatment for alcohol dependence.

### Target Audience

Physicians, physician assistants, nurse practitioners, nurses, psychologists, social workers, certified case managers, pharmacists, and other healthcare professionals with an interest in mental health.

### **Commercial Support**

CME Outfitters, LLC, gratefully acknowledges an educational grant from Forest Laboratories in support of this CE activity.

#### Credit Information

CME Credit (Physicians): CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this educational activity for a maximum of 1.0 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

Note to Physician Assistants: AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

CNE Credit (Nurses): This Educational Activity is presented by CME Outfitters, LLC, which has been approved as a provider of continuing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. It has been assigned code 5UYSJZ-PRV-0476. 1.2 contact hours (Pharmacology)

**CEP Credit (Psychologists):** CME Outfitters, LLC, is approved by the American Psychological Association to offer continuing education for psychologists. CME Outfitters, LLC, maintains responsibility for the program. 1.0 CE credits

NASW Credit (Social Workers): This program was approved by the National Association of Social Workers (provider #886407722) for 1 continuing education contact hour.

CCMC Credit (Certified Case Managers): This program has been approved for 1 hour by the Commission for Case Manager Certification (CCMC).

CPE Credit (Pharmacists): CME Outfitters,

LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. 1.0 contact hours (0.1 CEUs) Universal Program Number: 376-999-05-031-L01 (live interactive session)

To receive credit, participants must review all activity materials in their entirety, score 70% or above on a post-test, and fully complete and return both the credit request form and activity evaluation. A certificate or statement of credit will be mailed within 4–6 weeks to all who successfully complete these requirements.

376-999-05-031-H01 (recorded activities)

TK-008-100605-03

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# CLINICAL CHALLENGES SERIES

# Improving the Odds in the Battle Against Alcohol Dependence

### ☐ October 6, 2005

5:15 p.m.–6:15 p.m. ET 4:15 p.m.–5:15 p.m. CT 3:15 p.m.–4:15 p.m. MT 2:15 p.m.–3:15 p.m. PT

### ☐ October 17, 2005

12:15 p.m.–1:15 p.m. ET 11:15 a.m.–12:15 p.m. CT 10:15 a.m.–11:15 a.m. MT 9:15 a.m.–10:15 a.m. PT

### ☐ October 20, 2005

1:15 p.m.–2:15 p.m. ET 12:15 p.m.–1:15 p.m. CT 11:15 a.m.–12:15 p.m. MT 10:15 a.m.–11:15 a.m. PT

### ☐ October 25, 2005

8:15 p.m.–9:15 p.m. ET 7:15 p.m.–8:15 p.m. CT 6:15 p.m.–7:15 p.m. MT 5:15 p.m.–6:15 p.m. PT

### ☐ October 27, 2005

3:15 p.m.–4:15 p.m. ET 2:15 p.m.–3:15 p.m. CT 1:15 p.m.–2:15 p.m. MT 12:15 p.m.–1:15 p.m. PT

### ■ November 7, 2005

12:15 p.m.–1:15 p.m. ET 11:15 a.m.–12:15 p.m. CT 10:15 a.m.–11:15 a.m. MT 9:15 a.m.–10:15 a.m. PT

### ☐ November 10, 2005

12:15 p.m.–1:15 p.m. ET 11:15 a.m.–12:15 p.m. CT 10:15 a.m.–11:15 a.m. MT 9:15 a.m.–10:15 a.m. PT

### ☐ November 17, 2005

12:15 p.m.–1:15 p.m. ET 11:15 a.m.–12:15 p.m. CT 10:15 a.m.–11:15 a.m. MT 9:15 a.m.–10:15 a.m. PT

### ☐ November 21, 2005

1:15 p.m.–2:15 p.m. ET 12:15 p.m.–1:15 p.m. CT 11:15 a.m.–12:15 p.m. MT 10:15 a.m.–11:15 a.m. PT

### ☐ November 22, 2005

3:15 p.m.–4:15 p.m. ET 2:15 p.m.–3:15 p.m. CT 1:15 p.m.–2:15 p.m. MT 12:15 p.m.–1:15 p.m. PT

#### ■ November 30, 2005

2:15 p.m.–3:15 p.m. ET 1:15 p.m.–2:15 p.m. CT 12:15 p.m.–1:15 p.m. MT 11:15 a.m.–12:15 p.m. PT

### ☐ December 6, 2005

1:15 p.m.–2:15 p.m. ET 12:15 p.m.–1:15 p.m. CT 11:15 a.m.–12:15 p.m. MT 10:15 a.m.–11:15 a.m. PT

### FAX completed form to **240.243.1033**

Name:		# of Participants:
Degree:	☐ Community Mental Health	
Address:	 	
City/State/ZIP:	 	
Phone:	 Fax:	
Email:	 	